

couples RETREAT

Relax. Rejuvenate. Reconnect as a couple.

May 17-19, 2024

This exclusive weekend get-away in a majestic, water-front private residence offers a tranquil oasis where you and your partner can strengthen the bonds of trust, friendship, and joy. Cultivate the ability to take perspective of your relationship as a safe container for personal growth and fulfillment. Engaging structured experiences, blended with plenty of free time to enjoy the Lake and the serenity of the mountain landscape, ensure that this isn't just another vacation, but an opportunity to enter and expand into the Sacred Heart of Relationship.

Please <u>email</u> Marta to submit your \$1000 deposit by **April 12, 2024** to secure your place in paradise.

Pricing varies by room - \$4500 for luxury suite; \$3500 for luxury room w/shared bath



the retreat PACKAGE

3 days, 2 night exquisite luxury accommodations w/ private gourmet chef

Partner Yoga sessions

Learn couples massage techniques

Workshops on enhanced communication, finding meaning and purpose with your partner, and the "ownerless" relationship

Gourmet cooking lesson with private chef

Plenty of free time in Nature - swim & kayak from the private dock

please book your space with Marta <u>breathbodywork@yahoo.com</u>
Molly <u>dahlingmolly@gmail.com</u>

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An exclusive weekend get-away on the majestic shores of Lake Tahoe





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please book your space at www.elementalhealingsanctuary.com